



## CAMP CHECKLIST

This is a list of things we suggest campers bring to camp. PLEASE leave expensive items at home (cameras, watches, jewelry, laptops or iPads). We recommend that campers do not bring unnecessary clothing and suggest labeling items with your name.

- All personal toiletry items (shampoo, conditioner, deodorant, soap, hairbrush, elastics, etc.)
- Bedding (sheets, etc.) for a twin size bed (extra long sheets ARE necessary)
- Blanket or sleeping bag (Please note dorms are air-conditioned and can be cool.)
- Towels
- Pillow
- Refillable water bottle **REQUIRED**. (Water stations available).
- Sunscreen **REQUIRED**.
- Sweatshirts/pants if cooler weather is forecasted and waterproof jacket in case of rain
- Soccer shorts and t-shirts (aside from those included in the uniform package)\*
- Soccer Cleats (playing surface is field turf and natural turf). Molded cleats allowed on field turf.
- Sneakers/Trainers
- Soccer socks
- Undergarments
- Goalie Gloves (for keepers)
- Shin guards
- Comfortable clothes for in between sessions/night pajamas, flip flops for showers
- Spending money (cash) for snacks, pizza, drinks, soccer apparel (we have a Camp Bank so that parents can leave spending money)
- Alarm clock
- Backpack or boot bag.
- Cell phone charger

\* NO SNACKS OR DRINKS OTHER THAN WATER ARE ALLOWED TO BE BROUGHT IN THE DORM ROOMS

\*\*Laundry: **ONLY** Amaral soccer uniforms will be laundered

\*\*\*Amaral Soccer is not responsible for lost items or items left after the camp session is over. We do have a lost and found bucket which we will keep for 30 days following the last session of camp.\*\*\*