



## OVERNIGHT ACADEMY SCHEDULE

### SUNDAY

<b>1:00 – 2:15</b>	Registration in Front of Residential Quadrangle
<b>2:30 – 3:15</b>	Opening Ceremony & Introduction of coaches (The Sabina Cain Family Athletic Center)
<b>3:30 – 5:00</b>	Training Session #1
<b>5:15 – 6:00</b>	Dinner - Dining Hall
<b>6:00 – 6:15</b>	Walk to Fields
<b>6:30 – 8:15</b>	Training Session #2 3 vs. 3 Evaluation Tournament La Liga - Galbraith Fields BPL & MLS - Sawyer Field
<b>8:15 – 8:30</b>	Overnight Campers - Walk Back to Residential Halls Extended Day Campers - Pick up at Field
<b>8:30 – 9:30</b>	Free Time/Shower/Relax
<b>9:30 – 10:00</b>	Camp Meeting – Rules of Camp
<b>10:00 – 10:30</b>	Free Time/Prepare for Lights Out
<b>10:30</b>	Everyone in Rooms and Lights Out



## OVERNIGHT ACADEMY SCHEDULE

### MONDAY

<b>7:30 AM</b>	<b>Meet in front of Residential Quadrangle - Team Breakout</b>
<b>8:00 – 8:45</b>	Breakfast – Bring All Gear with you to Breakfast
<b>8:45 – 9:00</b>	Meet at Dining Commons and Walk to Field
<b>9:00 – 11:30</b>	Morning Training Session # 3 – Technical / Tactical
<b>12:00 – 1:00</b>	Lunch
<b>1:00 – 2:00</b>	Rest - Must Get Photo Headshots During Break
<b>2:00 - 2:15</b>	Walk to Field
	Forwards, Defense & Keepers - Sawyer Field
	Midfielders - Galbraith Fields
<b>2:30 – 4:30</b>	Afternoon Training Session # 4 - Specialization
<b>5:00 – 6:00</b>	Dinner
<b>6:00 – 6:15</b>	Walk to field
<b>6:30 – 8:00</b>	Evening Training Session # 5 – League Games
	La Liga - Sawyer Field
	BPL & MLS - Galbraith Fields
<b>8:00 – 8:15</b>	Overnight Campers - Walk Back to Dorms
	Extended Day Campers - Pick Up at Fields
<b>8:15 – 8:45</b>	Shower
<b>9:00 – 10:15</b>	Mandatory Evening Activity – Location TBD
<b>10:30</b>	Everyone in Rooms and Lights Out!



## OVERNIGHT ACADEMY SCHEDULE TUESDAY

<b>7:45 AM</b>	<b>Meet in front of Residential Quadrangle - Attendance</b>
<b>8:00 – 8:45</b>	Breakfast – Bring All Gear with you to Breakfast
<b>8:45 – 9:00</b>	Meet at Dining Commons and Walk to Field
<b>9:00 - 9:15</b>	Team Photos
<b>9:15 – 9:30</b>	Full Camp Photo – Photo taken at the Turf Field
<b>9:30 – 11:30</b>	Morning Training Session # 6 – Technical / Tactical
<b>12:15 – 1:00</b>	Lunch
<b>1:00 - 2:00</b>	College Recruiting Seminar (Campers going it Grades 9-12)
<b>2:00</b>	Meet outside at Residential Quadrangle - Attendance
<b>2:00 - 2:15</b>	Walk to Field
	Forwards, Defense & Keepers - Galbraith Fields
	Midfielders - Sawyer Field
<b>2:30 – 4:30</b>	Afternoon Training Session # 7 - Specialization
<b>5:00 – 6:00</b>	Dinner
<b>6:00 – 6:15</b>	Walk to field
<b>6:30 – 8:00</b>	Evening Training Session # 8 – League Games
	La Liga - Galbraith Fields
	BPL & MLS - Sawyer Field
<b>8:00 – 8:15</b>	Overnight Campers - Walk Back to Dorms
	Extended Day Campers - Pick Up at Fields
<b>8:15 – 8:45</b>	Shower
<b>9:00 – 10:00</b>	Free Time/Shower/Relax – Karaoke Night - Vincent Lobby
<b>10:30</b>	Everyone in Rooms and Lights Out!



## OVERNIGHT ACADEMY SCHEDULE

### WEDNESDAY

<b>7:45 AM</b>	<b>Meet in front of Residential Quadrangle - Attendance</b>
<b>8:00 – 8:45</b>	Breakfast – Bring All Gear with you to Breakfast
<b>8:45 – 9:00</b>	Meet at Dining Commons and Walk to Field
<b>9:30 – 11:30</b>	Morning Training Session # 9 – Technical / Tactical
<b>12:15 – 1:00</b>	Lunch
<b>1:00 - 1:45</b>	Guest Speaker - Dining Commons
<b>2:00</b>	Attendance
<b>2:00 - 2:15</b>	Walk to Field
	Forwards, Defense & Keepers - Sawyer Fields
	Midfielders - Galbraith Field
<b>2:30 – 4:30</b>	Afternoon Training Session # 10 - Specialization
<b>5:00 – 6:00</b>	Dinner
<b>6:00 - 6:15</b>	Walk to Field
<b>6:30 – 8:00</b>	Evening Training Session # 11 – League Games
	La Liga - Sawyer Field
	BPL & MLS - Galbraith Fields
<b>8:00 – 8:15</b>	Overnight Campers - Walk Back to Dorms
	Extended Day Campers - Pick Up at Fields
<b>8:15 – 8:45</b>	Shower
<b>9:00 – 10:00</b>	Free Time/Shower/Relax – Evening Activity
<b>10:30</b>	Everyone in Rooms and Lights Out!



## OVERNIGHT ACADEMY SCHEDULE

### THURSDAY

<b>7:45 AM</b>	<b>Meet in front of Residential Quadrangle - Attendance</b>
<b>8:00 – 8:45</b>	Breakfast – Bring All Gear with you to Breakfast
<b>8:45 – 9:00</b>	Meet at Dining Commons and Walk to Field
<b>9:30 – 11:30</b>	Morning Training Session # 12 – Technical / Tactical
<b>12:15 – 1:00</b>	Lunch
<b>1:00 – 2:30</b>	Carnival
<b>2:30 – 3:00</b>	Meet and Walk to Fields
<b>3:00 – 4:45</b>	Semi-Final Games La Liga - Galbraith Fields BPL & MLS - Sawyer Field
<b>5:00 – 6:00</b>	Dinner
<b>6:00 – 6:15</b>	Walk to Fields
<b>6:30 – 8:00</b>	3 vs. 3 Championship La Liga - Sawyer Field BPL & MLS - Galbraith Fields
<b>8:15 – 9:30</b>	Camp All-Stars vs. Coaches Game - Sawyer Field
<b>9:30 – 10:00</b>	Overnight Campers - Walk back to Dorms Extended Day Campers - Picked Up at Sawyer Field
<b>9:30 – 10:30</b>	Shower – Pack & Clean! - Room Checks
<b>10:30</b>	Everyone in Rooms and Lights Out!



## OVERNIGHT ACADEMY SCHEDULE

### FRIDAY

- 7:30** **FINAL Room Checks** – All rooms must be clean and things packed and ready for check out – When your room is checked by a coach campers will be dismissed
- 7:45** **Meet in Front of Residential Quadrangle - Attendance**
- 8:00 – 8:45** Breakfast – Bring All Gear with You
- 8:45 – 9:00** Meet at Dining Commons and Walk to Fields
- 9:30 – 11:30** Consolation & Championship Games  
Championship Games on Sawyer Fields  
Consolation Games on Galbraith Fields
- 12:00 – 12:45** Closing Ceremony (The Sabina Cain Family Athletic Center)
- 12:45 – 1:00** Teams Meet and Campers Receive Report Cards
- 1:00** Camper Check-Out – Residential Quadrangle  
Make Sure to Turn in Card Keys, Get Bank Money, Pick Up Medicine